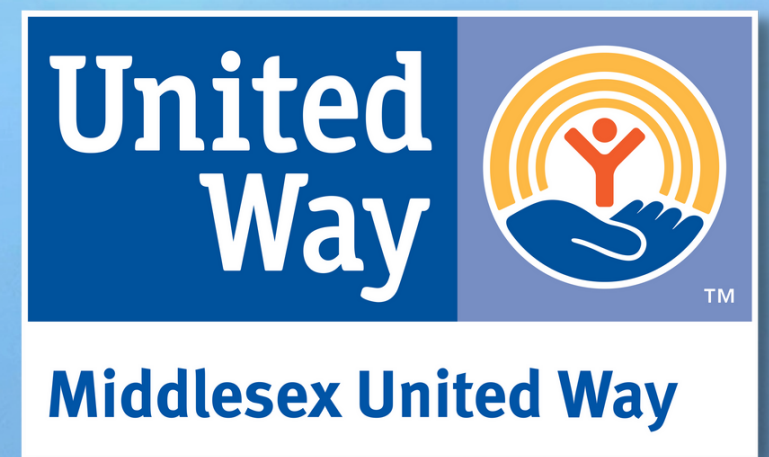


# Middletown



For nearly 90 years, Middlesex United Way has been working with our community to make Middletown a great place to live and work. In the 2023-2024 Grant Cycle, we've awarded over \$260,000 to local agencies that focus on housing, education, wellness, financial stability, youth, and racial equity & inclusion.



## MAKING AN IMPACT

ALICE, an acronym for Asset Limited, Income Constrained, Employed represents the men and women in CT's households of all ages and races who get up each day to go to work but aren't sure if they'll be able to make ends meet.

The most recent data shows that 45% of Middletown residents are considered below the ALICE threshold.

*\*Data from 2023 CT ALICE Report*

## A CALL FOR HELP

In the past year, 8,387 residents of Middletown called United Way's 2-1-1, a toll-free statewide helpline that operates 24 hours a day, 7 days a week. 37% of those calls were related to mental health and addiction services.

*\*Data collected from September 2022 to September 2023*

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