



CROMWELL

As we more than nine decades of service, Middlesex United Way continues to invest in what matters most for Cromwell and Middlesex County: Youth Opportunity, Financial Security, Healthy Communities, and Community Resiliency.

Middlesex United Way is proud to support and partner with agencies that serve Cromwell including Gilead Community Services, Oddfellows Playhouse, Kuhn Employment Services, and the Northern Middlesex YMCA to provide vital support ranging from mental health and youth programs to job training and community connections.



WORKING HARD & STILL STRUGGLING

In Cromwell, 30% of households are ALICE – Asset Limited, Income Constrained, Employed. These families work hard but still struggle to afford basics like housing, food, and health care. Middlesex United Way is addressing these challenges through investments in our key impact areas and community partnerships.

Scan the QR Code to learn more about ALICE in Connecticut.

**Data from 2026 CT ALICE Report*

HELP IS JUST A CALL OR CLICK AWAY

In the past year, nearly 1,000 Cromwell residents reached out to 2-1-1 for help. Over a quarter of the requests were for mental health and addiction support, while another 23% were for housing and shelter needs.

United Way's 2-1-1 is free, confidential, and available 24/7 – connecting Cromwell residents to the resources they need most.

**Data collected from September 2025 to September 2026*



Middlesex
UNITED WAY