



KILLINGWORTH

As we celebrate more than nine decades of service, Middlesex United Way continues to invest in what matters most for Killingworth and Middlesex County: Youth Opportunity, Financial Security, Healthy Communities, and Community Resiliency.

Middlesex United Way is proud to support and partner with agencies that serve Killingworth including Gilead Community Services, Literacy Volunteers Valley Shore, Kuhn Employment Services, and several programs run by Youth & Family Services of Haddam-Killingworth.



WORKING HARD & STILL STRUGGLING

In Killingworth, 20% of households are ALICE – Asset Limited, Income Constrained, Employed. These families work hard but still struggle to afford basics like housing, food, and health care. Middlesex United Way is addressing these challenges through investments in our key impact areas and community partnerships.

Scan the QR Code to learn more about ALICE in Connecticut.

**Data from 2026 CT ALICE Report*

HELP IS JUST A CALL OR CLICK AWAY

In the past year, 125 Killingworth residents reached out to 2-1-1 for help. More than half of the requests were for mental health and addiction support, while others called for support related to housing, healthcare, and utilities.

United Way's 2-1-1 is free, confidential, and available 24/7 – connecting Killingworth residents to the resources they need most.

**Data collected from September 2025 to September 2026*



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